Syringe Aspiration Kit Procedure (SAK-01)
Open Package

1. Open the NPak package utilizing clean or sterile technique. Identification labels should be prepared for labeling the collected specimen.
2. The patient should lie on their back with neck extended (sniffing position). Proper patient positioning is of utmost importance as this allows pooling of the aspirate in the nasopharynx and prevents coughing and discomfort.
3. The saline filled syringe is uncapped and the cap set aside for later use.

4. For children and neonates 1-2 mL of saline is expelled from syringe as appropriate dependent on age and size of patient.
5. The catheter is attached to the syringe via the leur lock hub.

6. The catheter is lubricated with enclosed lubricant (if desired).
7. Although proper positioning (flat on back, neck extended) will prevent most coughing and choking of saline, the patient can be instructed to hold their breath. For small children, it is recommended to time the instillation of saline with the expiration phase of breathing or crying.
8. The catheter is advanced along the floor of the nose to the age appropriate marking or until resistance is met abutting the nasopharynx.
NP Aspiration

9. The syringe plunger is then pushed and pulled. The aspirate sample is adequate if at least 0.5 mL of the syringe volume is collected.
10. The catheter is then detached and the leur lock cap is tightly secured.
11. The specimen is then labeled and sent to the lab in the capped syringe. (Alternately, the specimen can be transferred into an approved transport medium as specified by your lab.)
More Information

For more information please visit the website www.n-pak.com for videos, studies and ordering information. Thanks for using the N-Pak.

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